

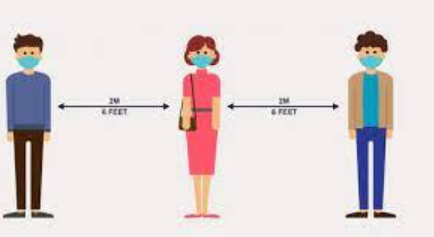
Use your SMARTS – Layers of Protection

Space

Keep your distance!

Stay 6 feet or more away from others, especially if not wearing a mask

Stay home if sick



Mask

Keep it on!

Wear a mask to protect you and others. Especially in crowded indoor public places



Air

Keep it fresh!

Stay outdoors or keep rooms well-ventilated



Restrict

Keep it small and short!

Restrict your circle to a small and stable group. Keep your time with others outside your circle short



Test

Keep aware!

Test frequently, especially before/after gatherings, close contacts or if any symptoms



Shots

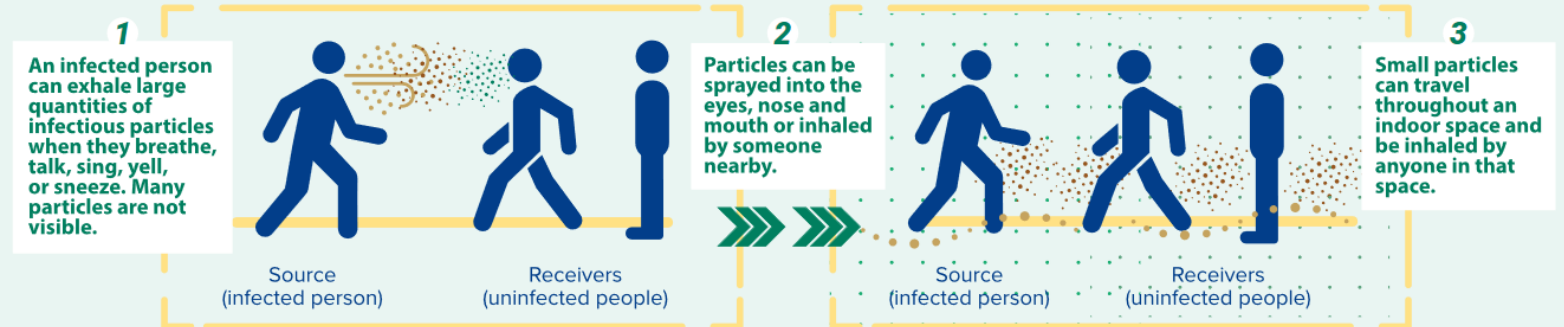
Keep updated!

Power up your protection by staying up to date on all recommended vaccines



COVID-19: The Virus is in the Air <https://www.acgih.org/covid-19-fact-sheet-virus-in-air/>

Breathing in infectious particles is an important way COVID-19 spreads from person-to-person



RISK FACTORS

- ENCLOSED SPACES:** Infectious particle concentrations can build up in enclosed spaces.
- POOR VENTILATION:** Failure to replace and filter air can lead to high particle concentrations.
- MANY PEOPLE:** More infected people can lead to high particle concentrations.
- MANY MINUTES:** More time in a space can increase the chance of inhaling an infectious dose.

Anyone can be a source. Anyone can be a receiver.