Edwards Air Force Base

HELPING AGENCIES DIRECTORY

"We're here to help, YOU!"

- ADAPT
- AIRMAN & FAMILY READINESS CENTER
- CHAPEL
- CHILD ABUSE / DOMESTIC VIOLENCE
- CIVILIAN HEALTH PROMOTION SERVICES (CHPS)
- DRUG & ALCOHOL ISSUES
- DRUG DEMAND REDUCTION PROGRAM
- EMPLOYEE ASSISTANCE PROGRAM (DOD CIVILIANS)
- EQUAL OPPORTUNITY (EO)
- FAMILY ADVOCACY
- OFFICE OF EMERGENCY MANAGEMENT
- INSPECTOR GENERAL (IG)
- FINANCIAL PROBLEMS
- GRIEF REACTIONS
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- MENTAL HEALTH
- PSYCHOLOGICAL DISTRESS
- RELATIONSHIP ISSUES
- SEXUAL ASSAULT (SARC)
- STRESS MANAGEMENT
- SUICIDE RISK
- SECURITY CONCERNS

Alcohol and Drug Abuse Prevention and Treatment Program

The Alcohol and Drug Abuse Prevention and Treatment Program (ADAPT) provides Commanders, senior enlisted advisors, first sergeants, and other senior personnel information regarding substance abuse prevention and intervention education. Active duty members, dependents, and retirees are eligible for counseling and treatment following TRICARE guidelines for access. Services include Substance Abuse Assessment, Substance Abuse Education and Prevention Classes, Outpatient Treatment, Aftercare Programs and Transitional Counseling

For more information on the ADAPT Program, please contact: 277-5291
For after hours assistance, please contact: Command Post, 277-3040, for a counselor

Contact Information
Bldg 5513, 30 Nightingale Rd, Edwards AFB, CA 93524
Phone: 277-5291
Hours: 0730-1630, M-F

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Airman and Family Readiness Center

Contact Information

Bldg 3000, 5 N Seller Ave, Edwards AFB, CA 93524
Phone: 661-277-0723
Fax: 661-277-3251
Hours: 0730-1630, M-F

Staff

Director	661- 277 - 4615
Team Lead	661- 277 - 0723
Community Readiness Consultants	661- 277 - 0723
Casualty Assistance Representative	661- 277 - 3757
Readiness NCO	661- 277 - 0723

Programs and Services

Transition Assistance Program * Relocation Assistance Program * Air Force Aid Society * Financial Management * Career Focus * Family Life * Information and Referral * Volunteer Resource Program * Family Readiness * Family Services Loan Locker * Military Family Life Counselor * Casualty Assistance * EFMP Program

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661-277-2110

412 TW CHAPEL

Program and Services

Worship services, religious rites and rituals, weddings, baptisms and funerals, Religious Education Ministry of presence/unit visitation, confidential counseling, Duty Chaplain, 24/7 marriage and family enhancement and retreats, Single Airman outreach, Wing projects

We strive to assist any who find themselves in a crisis.
A Chaplain can be reached at: (661) 277-2110 during duty hours,
or: (661) 277-3040, through the Command Post after regular duty hours for emergencies

Contact Information:

Bldg 6447, 10 Park Dr, Edwards AFB, CA 93524
Phone: 277-2110
Fax: 277-9753
Hours: 0730-1630, M-F

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CHILD ABUSE

Notify Family Advocacy: 277-5292

- SFS outside of normal duty hours: 661-277-3340
- Ensure safety of alleged victim

DOMESTIC VIOLENCE

Notify Family Advocacy: 277-5292

- Restricted Reporting now offered in certain situations, Call number above for more details

- SFS outside of normal duty hours: 661-277-3340
- Ensure safety of alleged victim
- Married as well as unmarried intimates
  (i.e share a household, have a child together, former spouses)

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Drug or Alcohol Problems

Drug Demand Reduction (DDR)

Alcohol Dependency Program (ADAPT)

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Drug Demand Reduction Program (DDR)

Mission

The purpose of the DDR Program is to enhance mission readiness and foster a drug-free environment through a comprehensive program of education, prevention, deterrence and community outreach.

Programs and Services

DDR has a number of courses designed for the purpose of providing basic substance abuse awareness, addressing current trends and threats to our community and population. These courses also provide strategies for reducing and dealing with substance abuse-related issues. Courses include Airmen Substance Abuse Awareness Course (ASAAC), Substance Abuse Suppression and Identification Course (SASIC) and the Leadership Substance Abuse Course (LSAC).

If you need more information about the DDR program please call: 277-4791
For after hours assistance, please call: Command Post, 277-3040, for a counselor

Contact Information:

Bldg 3920, 65 N. Wolfe Ave, Edwards AFB, CA 93524
Phone: 277-4791
Hours: 0730-1630, M-F

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Employee Assistance Program (EAP)

Welcome to the Employee Assistance Program (EAP). The Edwards AFB EAP is committed to offering the highest quality care through assessment, counseling and referral services. EAP's confidential, no cost services are designed for all DOD Civilian employees and their families.

Employee Assistance Counseling Services

- Managing and reducing the anger and stress in your life
- Stopping the pain from alcohol and drug abuse
- Making personal and professional relationships even better
- Assertiveness training: You can now say what you think!
- Dealing with difficult people: The Principle of Compromise
- Bereavement: Healing from the death of a loved one
- Couples' communication and parenting skill building
- Supervisor and management consultation
- Finding and enjoying the right job for you!

The Employee Assistance Program can help you with your personal or professional life, so please contact us. We look forward to helping you regain your enthusiasm and zest for life. Call us now at: 277-1183, for an immediate EAP appointment

Thank you

Contact Information:

661-277-1183 (Phone)

661-277-1233 (Fax)

Bldg 2660, 15 W. Yeager Blvd (behind the theater)
Mail: P.O. Box 157, Edwards AFB, CA 93523

Hours: 0630-1630 Mon & Wed

1230-1930 Tue & Thurs

AFMC Employee Assistance Services

24/7 Toll Free-Access

We care. Just call.

1-800-222-0364

1-800-262-7848 (TTY)

Return to Main

661-277-7985

Equal Opportunity (EO)

OFFICE OF DIVERSITY, EQUAL OPPORTUNITY AND ALTERNATIVE DISPUTE RESOLUTION

Services Offered

Climate Assessments, Human Relations Training, Complaint/Incident Clarification, Counseling, Mediation and Facilitation (ADR), Affirmative Employment Programs

Protected Categories

Race, Color, National Origin, Religion, and Sex, (additional categories for civilian members are Age, Reprisal, Disability, and Genetic information)

Who Do We Serve

Active Duty, Retirees, Family Members of Active Duty, Retirees, and Civil Service Employees

Location/Telephone

220 N. Rosamond Blvd, Bldg 3760 Edwards AFB CA

(661) 277-7985, DSN 527-7985

0730-1630, Monday-Friday

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661-277-5292

FAMILY ADVOCACY

The Family Maltreatment component of the Family Advocacy Program provides identification, evaluation, and treatment services for active duty members and their families referred due to maltreatment (child and/or spouse abuse) through the Case Review Board (CRB). The CRB is a multidisciplinary team that establishes and monitors family maltreatment programs and services. Air Force policy directs that all active duty members and civilian employees of the Air Force will report all incidents of suspected family maltreatment (AFI 40-301). Services include, but are not limited to: Assessment of all reported cases of family maltreatment; individual, marital, family and group therapy; on-going risk and safety assessment; liaison with their base and/or community agencies; monitors cases through the Family Maltreatment Case Management Team, and referral to appropriate community resources.

COMMUNITY OUTREACH PROGRAM

The Family Advocacy Outreach Manager implements primary and secondary prevention services. Primary prevention promotes wellness and improves functioning in military families. Examples of services include: Parenting Skills classes, Taking Control (Stress/Anger) classes, special theme/community family events, family maltreatment, and Active Communications classes

NEW PARENT SUPPORT PROGRAM

The New Parent Support Program is a program designed to provide information and education to parents with a new addition to their home. This program is managed by a registered nurse and supports the family during the prenatal phase of family development which begins with pregnancy and extends through the age of three.

For more information on all Programs, please contact: 661-277-5292
Bldg 5513, 30 Nightingale Rd, Edwards AFB, CA 93524

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FINANCIAL PROBLEMS

CLICK

AIRMAN and FAMILIY READINESS CENTER

661-277-0723

Return to Main

GRIEF REACTIONS

CLICK

Mental Health: Traumatic Stress Response Team: 661-277-5291
Provides psychological first aide in the event of units experiencing a traumatic event or mass causality

CLICK

Chapel: 661-277-2110
Grief is a normal response to trauma

CLICK

Airman and Family Readiness Center: 661-316-8401
Military Family Life Counselor

MILITARY ONE SOURCE: 800-342-9647

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661-277-8480

HEALTH PROMOTIONS

Mission

To ensure a fit force, prepared to perform all mission related duties 24/7 by fostering a health conscious community support environment inclusive of family members as key components of the whole person concept

Vision

To promote healthy, positive lifestyles of the community focused on long term health, quality of life, and long term cost savings

Information

We help the active duty, title 10 reservist/IMA and retiree war fighter along with their dependents improve lifestyles by either recovering from chronic diseases and injuries or preventing them altogether through education, direction and empowerment. The HAWC offers many diverse wellness programs, such Gait Analysis, Stress Management, Diabetes Management/Survival, Healthy Living Programs, Healthy Heart Program, Tobacco Cessation, etc.

Diet and nutrition play an important role improving the wellness of individuals and their families. HAWC offers meal planning and provides education to clients needing guidance in the prevention and/or treatment of chronic diseases by promoting healthy eating habits. We can counsel individuals and groups on diet-related concerns such as weight loss, cholesterol/hypertension reduction, blood sugar control, sports nutrition, pregnancy, and childhood nutrition

Location: 208 W Popson Ave
Bldg 2204
Phone: 277-8480
Hours: M-F 0730 - 1630

Return to Main

661-277-5291

MENTAL HEALTH CLINIC

Provides comprehensive mental health services for adults
(primarily Active Duty members and others on a case-by-case basis)

Medication Management – Psychiatrist

Psychological testing - special duty packages, Command-Directed Evaluations, etc. Individual counseling Behavioral Health Consultative Services (BHOP) - psychologist; Primary Care Clinic setting, referrals by Primary Care Manager, primarily stress-related issues; no mental health record necessary; open to all Primary Care Clinic enrollees

Prevention and Awareness Classes

Post Traumatic Stress Disorder (PTSD) Awareness: This course is offered to both active duty members, spouses and family members and is designed to provide a basic overview of PTSD

Face-to-Face Suicide Prevention

Provides face-to-face instruction on how to recognize individuals in distress, how to take appropriate action and what resources are available. Stress Management Courses are also available upon request

Traumatic Stress Response (TSR) Team

Provides traumatic stress debriefing for victims, witnesses, and unit personnel Timely follow-up of at-risk personnel should be provided. Remember, individuals can experience traumatic stress reactions days, weeks, and even months after an incident

Contact Information:
Location: Bldg 5525, 30 Nightingale Rd,
Edwards AFB, CA 93524
Phone: 277-5291
Hours: 0730-1630, M-F

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PSYCHOLOGICAL DISTRESS

CLICK

Mental Health: Traumatic Stress Response Team: 661-277-5291
Provides psychological first aide in the event of units experiencing a traumatic event or mass causality

CLICK

Chapel: 661-277-2110
Grief is a normal response to trauma

CLICK

Airman and Family Readiness Center: 661-316-8401
Military Family Life Counselor

MILITARY ONE SOURCE: 800-342-9647

RELATIONSHIP ISSUES

CLICK

Family Advocacy: 661-277-5292
Couple's Therapy
(includes unmarried intimates) via the FAST program (prevention)
2 hr Active Communication Class

CLICK

Chapel: 661-277-2110
Short term marital therapy
Confidential
RELATE

CLICK

Airman and Family Readiness Center
Military Family Life Counselor
661-316-8401

Military One Source: 800-342-9647
1 consult with 11 visits civilian EAP provider off base

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661-277-7272

SEXUAL ASSAULT (SARC)

Point of Contact for all Edwards AFB sexual assaults involving military members and their family members and a resource for civilians.
(minors are referred to Family Advocacy)

- **Assigns a Victim Advocate**
- **Provides crisis intervention, support, information/referral for both Unrestricted and Restricted Reports**
- **Only the SARC, Chaplain, or Victim Advocate receive Restricted (privileged) Reports which are <u>not</u> reported to law enforcement, or command (no investigation)**
- **Only active duty military and family members (over the age of 18) are eligible for restricted reports**
- **Unrestricted Reports <u>are</u> reported to law enforcement and command**
- **Provides Sexual Assault Prevention/Response Training**

SEXUAL ASSAULT RESPONSE COORDINATOR (SARC)
Bldg 3940, 35 N Wolfe Ave, Rm 200
Edwards AFB, CA 93524
Phone: 661-277-SARC (7272)
24/7 cell: (661-209-0115)
Hours: 0700-1630, M-F

Return to Main

STRESS MANAGEMENT

CLICK

MENTAL HEALTH: 277-5291

CLICK

CHAPEL: 277-2110

CLICK

HEALTH PROMOTIONS: 277-8480

CLICK

EAP (DOD CIVILIANS): 277-1183

AFRC/Military Family Life Counselor:
661-316-8401

MILITARY ONE SOURCE: 800-342-9647

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SUICIDE RISK

Mental Health: 661-277-5291

TAKE ALL SUICIDIAL COMMENTS SERIOUSLY!

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661-277-3667

Civilian Health Promotion Services (CHPS)

Welcome to the AFMC Civilian Wellness Program

The Civilian Health Promotion Services (CHPS) program is provided through a partnership between Air Force Materiel Command (AFMC) and Federal Occupational Health. The CHPS program is open to all DoD AFMC Civilian employees. We offer a wide range of health promotion services and educational material to help you on your journey to better health. Our commitment is to improve your physical well-being, quality of life, reduce your risk of preventable conditions, increase your awareness of nutrition and health, and provide you opportunities for lifestyle change through screenings and education.

Programs and Services

CHPS offers a wide variety of health education classes which can be provided at the location of choice, such as a briefing, a lunch-and-learn, a Commander's, or Director's Call, a unit off-site, or almost any other setting that you, your staff, and/or your coworkers prefer. Classes we offer include: Stress Management, Men's Health, Women's Health, Cholesterol Education, Understanding Hypertension, Diabetes Awareness, Back Care, Lighten Up! – an eight week weight management class, and much more. Make your health a priority and visit www.AFMCWellness.com often.

All of our classes are free of charge and open to all (Active Duty, civilians, contractors, dependents, and retirees) with base access. See CHPS events and other information on www.Facebook.com/EdwardsCHPS and LIKE our page!

Contact Information:

661-277-3667 (Phone)

661-277-4947 (Fax)

208 W. Popson Ave., Bldg 2204, Rm 1, Edwards AFB, CA 93524

Hours: 0730-1600, M-F

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Special Programs and Security Concerns

Do you feel like the nature of your job prevents you from seeking help? Need to reach out, but concerned about security implications and don't know where else to turn?

"Working with classified information introduces stressors that you may feel prohibit you from getting help, but that is simply not true. The following individuals can answer your questions and assist you with any issues you may be experiencing."

- Col Daniel Daetz, 412 TW/CV

Points of Contact:

Mr. Stephen Gerteis, 412 TW/IP, (661) 277-7436	*Information Protection*
Mr. Michael Seelos, 412 TMG/TMGS, (661) 275-9417	*Special Access Programs*
Ms. Tresa Habe, 412 TW/XP2, (661) 277-2496	*Sensitive Compartmented Information*

Make contact through the Command Post at: (661) 277-3040, after regular duty hours for emergencies

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661-277-4888

The Office of Inspector General

The primary charge of the IG is to sustain a credible Air Force IG system by ensuring a responsive Complaints Resolution Program (CRP) and active Fraud, Waste, and Abuse Program (FWA)

Who May File A Complaint-Who Do We Assist?

Airmen of all ranks, civilian employees, retirees, family members and other civilians

Issues Within the IG's Purview:

Violations of law, regulation, instruction, policy procedures or rules - Fraud, Waste and Abuse of Authority - Restriction - Reprisal

Complaints Not Appropriate For the IG System:

The IG CRP should not be used for matters normally addressed through other established grievance or appeals channels, unless there is evidence those channels mishandled the matter or process.

Location - Contact Information

10 S. Seller Avenue
Bldg. 2850 Room 7
(661) 277-4888

Local - HOTLINE (661) 277-3465

NOTE: IG Complaints and Reports of Fraud, Waste, and Abuse may be filed ANONYMOUSLY

Return to Main

Office of Emergency Management

105 E. Yeager Blvd.
Building 2860
661-277-4433

Our Mission is to prepare the base populace for any natural or manmade disaster.

Have a Plan… Get a Kit…Be Prepared!

Click for the AFEM site And get the app.

Like us on Facebook

Ready
Prepare. Plan. Stay Informed.

Learn more at the .Gov site.

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